

PM&R Care of Adults with Intellectual & Developmental Disabilities

Jessica Prokup, MD is a Clinical Assistant Professor in the Department of Physical Medicine & Rehabilitation (PM&R) at The Ohio State University Wexner Medical Center.

She attended The Ohio State University College of Medicine for medical school and completed the Nisonger Center's LEND program (Leadership Education in Neurodevelopmental Disabilities). She completed her internal medicine internship at Riverside Methodist Hospital and residency training in Physical Medicine & Rehabilitation at the University of Pittsburgh Medical Center (UPMC).



Having a brother with intellectual and developmental disabilities, Dr. Prokup has both a personal and professional interest in the care of patients with developmental and pediatric-onset disabilities. Her clinics focus on the care of this population throughout the lifespan. The PM&R Transitions of Care Clinic focuses on the needs of patients with childhood-onset and developmental disabilities as they transition from pediatric to adult care settings. She also treats adults with developmental disabilities as they age. Dr. Prokup has a collaborative and person-centered approach to the care of her patients, adapting to their unique needs. She is happy to participate in patients' social stories, facilitate mock procedures, or allow patients a meet-and-greet walkthrough of the clinic to meet the staff in advance of an appointment.

Patients Dr. Prokup treats: adolescents and adults with cerebral palsy, spina bifida, intellectual and developmental disabilities, pediatric-onset disabilities, neurodevelopmental disabilities

Practice location and services:

Martha Morehouse Outpatient Care Pavilion

2050 Kenny Rd
Pavilion 3rd floor, suite 3300
Columbus, OH 43221

Scheduling: 614-366-9211

- Healthcare transition from pediatric to adult PM&R
- Diagnosing and managing musculoskeletal and neurologic symptoms
- Prescription of braces and equipment
- Referrals for physical, occupational, speech, and other therapies
- Referrals for smart home and adaptive driving evaluations
- Spasticity management (including botulinum toxin injections and intrathecal baclofen pumps)
- Wheelchair prescription and fitting in the Outpatient Rehabilitation Assistive Technology Clinic
- Empowering patients to be self-advocates
- Connecting patients with community resources
- Collaborating with patients' other specialists and healthcare team members

Dr. Prokup is accepting new patients and is interested in collaborative opportunities to better serve her Columbus community. Additionally, Dr. Prokup sees existing patients in Nationwide Children's Hospital's Adult Cerebral Palsy Program.